PRELUDE: Michael Chertock, piano
Prelude in f minor
J.S. Bach

OPENING HYMN 142: Lord, Who Throughout These Forty Days
St. Flavian

1 Lord, who throughout these forty days
for us didst fast and pray,
teach us with thee to mourn our sins,
and close by thee to stay.

2 As thou with Satan didst contend
and didst the victory win,
O give us strength in thee to fight
In thee in conquer sin.

3 As thou didst hunger bear and thirst,
so teach us, gracious Lord,
to die to self, and chiefly live
by thy most holy word.

THE COLLECT
Celebrant The Lord be with you.

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

OLD TESTAMENT – Isaiah 58:1-12

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. "Why do we fast, but you do not see? Why humble ourselves, but you do not notice?" Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord?

Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to
hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am.

If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.

The Word of the Lord

People

Thanks be to God

PSALM 103:8-14  

_Benedic, anima mea_

8. **The Lord** is full of compassion and mercy, * 
   slow to anger and of great kindness.

9. He will not always accuse us, * 
   nor will he keep his anger for ever.

10. He has not dealt with us according to our sins, * 
   nor rewarded us according to our wickedness.

11. For as the heavens are high above the earth, * 
    so is his mercy great upon those who fear him.

12. As far as the east is from the west, * 
    so far has he removed our sins from us.

13. As a father cares for his children, * 
    so does the Lord care for those who fear him.

14. For he himself knows whereof we are made; * 
    he remembers that we are but dust.

THE EPISTLE – 2 Corinthians 5: 20b – 6:10

W_e entreat you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.

As we work together with him, we urge you also not to accept the grace of God in vain. For he says, "At an acceptable time I have listened to you, and on a day of salvation I have helped you." See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone’s way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see-- we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

The Word of the Lord

People

Thanks be to God
SEQUENCE HYMN 674: Forgive Our Sins As We Forgive

1 Forgive our sins as we forgive
   you taught us, Lord to pray;
   but you alone can grant us grace
   to live the words we say.

2 How can your pardon reach and bless
   the unforgiving heart
   that broods on wrongs and will not let
   old bitterness depart?

3 In blazing light your cross reveals
   The truth we dimly knew,
   How small the debts men owe to us,
   How great our debt to you.

4 Lord, cleanse the depths within our souls,
   and bid resentments cease;
   then, reconciled to God and man,
   our lives will spread your peace.

THE GOSPEL: Matthew 6: 1 – 6, 16 – 21

The Holy Gospel of our Lord Jesus Christ according to Matthew.

Jesus said, "Beware of practicing your piety before others in order to be seen by them; for then you have no reward from your Father in heaven. So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you. "And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you. And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you.

Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also.

The Gospel of the Lord

Praise to you, Lord Christ

THE HOMILY

- The Rev. Joanna Leiserson
THE OBSERVANCE OF A HOLY LENT

Dear People of God: The first Christians observed with great devotion the days of our Lord’s passion and resurrection, and it became the custom of the Church to prepare for them by a season of penitence and fasting. This season of Lent provided a time in which converts to the faith were prepared for Holy Baptism. It was also a time when those who, because of notorious sins, had been separated from the body of the faithful were reconciled by penitence and forgiveness, and restored to the fellowship of the Church. Thereby, the whole congregation was put in mind of the message of pardon and absolution set forth in the Gospel of our Savior, and of the need which all Christians continually have to renew their repentance and faith.

I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God’s holy Word. And, to make a right beginning of repentance, and as a mark of our mortal nature, let us now bow our heads before the Lord, our maker and redeemer.

PSALM 51  Miserere mei, Deus

1 Have mercy on me, O God, according to your loving-kindness; * in your great compassion blot out my offenses.

2 Wash me through and through from my wickedness * and cleanse me from my sin.

3 For I know my transgressions, * and my sin is ever before me.

4 Against you only have I sinned * and done what is evil in your sight.

5 And so you are justified when you speak * and upright in your judgment

6 Indeed, I have been wicked from my birth, * a sinner from my mother's womb.

7 For behold, you look for truth deep within me, * and will make me understand wisdom secretly.

8 Purge me from my sin, and I shall be pure; * wash me, and I shall be clean indeed.

9 Make me hear of joy and gladness, * that the body you have broken may rejoice.

10 Hide your face from my sins * and blot out all my iniquities.

11 Create in me a clean heart, O God, * and renew a right spirit within me.

12 Cast me not away from your presence * and take not your holy Spirit from me.

13 Give me the joy of your saving help again * and sustain me with your bountiful Spirit.

14 I shall teach your ways to the wicked, * and sinners shall return to you.
15 Deliver me from death, O God, *
and my tongue shall sing of your righteousness,
O God of my salvation.

16 Open my lips, O Lord, *
and my mouth shall proclaim your praise.

17 Had you desired it, I would have offered sacrifice; *
but you take no delight in burnt-offerings.

18 The sacrifice of God is a troubled spirit; *
a broken and contrite heart, O God, you will not despise.

LITANY OF PENITENCE

_Celebrate and People_

**Most holy and merciful Father:**
We confess to you and to one another,
and to the whole communion of saints
in heaven and on earth,
that we have sinned by our own fault
in thought, word, and deed;
by what we have done, and by what we have left undone.

*The Celebrant continues*

We have not loved you with our whole heart, and mind, and strength. We have not loved our neighbors as ourselves. We have not forgiven others, as we have been forgiven.

_People_ **Have mercy on us, Lord.**

We have been deaf to your call to serve, as Christ served us. We have not been true to the mind of Christ. We have grieved your Holy Spirit.

_People_ **Have mercy on us, Lord.**

We confess to you, Lord, all our past unfaithfulness: the pride, hypocrisy, and impatience of our lives,

_People_ **We confess to you, Lord.**

Our self-indulgent appetites and ways, and our exploitation of other people,

_People_ **We confess to you, Lord.**

Our anger at our own frustration, and our envy of those more fortunate than ourselves,

_People_ **We confess to you, Lord.**

Our intemperate love of worldly goods and comforts, and our dishonesty in daily life and work,

_People_ **We confess to you, Lord.**

Our negligence in prayer and worship, and our failure to commend the faith that is in us,

_People_ **We confess to you, Lord.**

Accept our repentance, Lord, for the wrongs we have done: for our blindness to human need and suffering, and our indifference to injustice and cruelty,

_People_ **Accept our repentance, Lord.**

For all false judgments, for uncharitable thoughts toward our neighbors, and for our prejudice and contempt toward those who differ from us,

_People_ **Accept our repentance, Lord.**
For our waste and pollution of your creation, and our lack of concern for those who come after us,
*People*  
Accept our repentance, Lord.

Restore us, good Lord, and let your anger depart from us;
*People*  
Favorably hear us, for your mercy is great.

Accomplish in us the work of your salvation,
*People*  
That we may show forth your glory in the world.

By the cross and passion of your Son our Lord,
*People*  
Bring us with all your saints to the joy of his resurrection.

Almighty God, the Father of our Lord Jesus Christ, who desires not the death of sinners, but rather that they may turn from their wickedness and live, has given power and commandment to his ministers to declare and pronounce to his people, being penitent, the absolution and remission of their sins. He pardons and absolves all those who truly repent, and with sincere hearts believe his holy Gospel. Therefore we beseech him to grant us true repentance and his Holy Spirit, that those things may please him which we do on this day, and that the rest of our life hereafter may be pure and holy, so that at the last we may come to his eternal joy; through Jesus Christ our Lord. Amen.

THE PEACE

*Celebrant*  
The peace of the Lord be always with you.
*People*  
And also with you.

The people greet one another with a sign of God’s peace and are seated.

CLOSING HYMN 692: Now Let Us All With One Accord  
*The Third Tune*

1  I heard the voice of Jesus say, Come unto me and rest;
   and in your weariness lay down you head upon my breast.
   I came to Jesus as I was, so weary, worn, and sad;
   I found in him a resting place, and he has made me glad.

2  I heard the voice of Jesus say, Behold, I freely give
   the living water; thirsty one, stoop down and drink, and live..
   I came to Jesus, and I drank of that lifegiving stream;
   my thirst was quenched, my soul revived, and now I live in him.

3  I heard the voice of Jesus say, I am this dark world’s light;
   Look unto me, your morn shall rise, and all your day be bright.
   I looked to Jesus, and I found in him my Star, my Sun;
   And in that light of life I’ll walk till pilgrim days are done.

POSTLUDE:  
Little Fugue in a minor  
*JS Bach*  
*Michael Chertock, organ*